



THE RULES

1. A bingo means you've completed any 5 boxes in a row vertically, diagonally or horizontally.
2. A Blackout Bingo means you must complete the challenge in every square!
3. A 2 a-Day means you complete 2 thirty-minute or greater SSoD 2 workouts on the same day.
4. There will be raffle prizes for a vertical bingo, horizontal bingo, diagonal bingo and for a black out bingo.
5. Selfie posts can be on Instagram, your Facebook account or on our private Facebook group and must contain a tag saying **#studiosweatondemand + @StudioSWEAT on Instagram** or **@studiosweatondemand on Facebook**
6. Post a pic of your finished bingo card at the end of the challenge to the private Facebook group or email completed BINGO card to aj@studiosweat.com.

S	W	E	A	T
SWEAT with Mere W.	SWEAT with Mimi	Take a Stretch & Restore Class	SWEAT with Jessica	Take an SSoD Live-Streamed Class
Take a Dance Cardio Class	Take a Bootcamp Class	SWEAT with Olga	Take an Ab & Core Class	SWEAT with Brooke
Stretch with Sam	Take a Stretch & Restore Class	Do a 2 a'Day	Complete 12 Classes May 1-31	SWEAT with AJ
Complete 4 Classes in 1 Week	Go for a Mile or More Walk	Take a Scenic Virtual Class	SWEAT with Cat Kom	Take a Mind & Body Class
SWEAT with Brian	Do a Sculpt Only Workout	SWEAT with Fred	SWEAT with Rebecca	Take a Travel-Friendly Class